Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Remans Sander HEADCOACH

Coaches: Mattheus Ibe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:4, starttime: 14:05

Heat: 4/14 Lane : 6 Athlete: FEYAERTS JEROEN **Q-time: 01:36:38**

PB (25m pool): 01:36.38 Tienen 26/10/2025 **PB (50m pool):** 01:36.17 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.11		01:36.38	
		00:45.11		*00:51.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:7, starttime: 14:40

Heat: 7/18 Lane : 4 Athlete: CLAESEN SARAH **Q-time: 01:23:06**

PB (25m pool): 01:23.06 Hannuit 29/11/2025 **PB (50m pool):** no time **SB:** 01:23.25 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:23.06	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:15, starttime: 14:55

Heat: 15/18 Lane : 8 Athlete: REMANS ROSALIE **Q-time: 01:18:04**

PB (25m pool): 01:18.04 Leuven 04/10/2026 **PB (50m pool):** no time **SB:** 01:18.04 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.70		01:18.04	
		00:36.70		*00:41.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TRUST

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:18, starttime: 15:00

Heat: 18/18 Lane : 1 Athlete: SPAEPEN LIEN — **Q-time: 01:14:87**

PB (25m pool): 01:14.87 Hannuit 28/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:14.87	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:6, starttime: 15:10

Heat: 6/13 Lane : 3 Athlete: VANDINGENEN JOKE — **Q-time: 00:42:84**

PB (25m pool): 00:42.84 Leuven 04/10/2026 **PB (50m pool):** 00:46.04 **SB:** 00:42.84 Leuven 04/10/2026

	25 M	50 M	
PB		00:42.84	
	00:42.84		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:5, starttime: 15:25

Heat: 5/16 Lane : 6 Athlete: FEYAERTS JEROEN — **Q-time: 00:36:57**

PB (25m pool): 00:36.57 Hannuit 28/03/2026 **PB (50m pool):** 00:40.76 **SB:** 00:38.38 Nijlen 18/10/2026

	25 M	50 M	
PB		00:36.57	
	00:36.57		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:15, starttime: 15:35

Heat: 15/16 Lane : 4 Athlete: DEHAEN FERRE — **Q-time: 00:28:78**

PB (25m pool): 00:28.78 Leuven 04/10/2026 **PB (50m pool):** 00:29.78 **SB:** 00:28.78 Leuven 04/10/2026

	25 M	50 M	
PB		00:28.78	
	00:28.78		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TRUST

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:9, starttime: 16:45

Heat: 9/12 Lane : 3 Athlete: LARDAUX LEON — **Q-time: 01:17:21**

PB (25m pool): 01:17.21 Bastogne 05/04/2026 **PB (50m pool):** 01:19.50 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.04		01:17.21	
		00:37.04		*00:40.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:11, starttime: 16:50

Heat: 11/12 Lane : 2 Athlete: MAES TILL — **Q-time: 01:15:14**

PB (25m pool): 01:15.14 Leuven 04/10/2026 **PB (50m pool):** 01:17.63 **SB:** 01:15.14 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.48		01:15.14	
		00:35.48		*00:39.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 16:55

Heat: 2/15 Lane : 2 Athlete: WILLEMS UWIZEYE NAOMI — **Q-time: 01:59:00**

PB (25m pool): 01:59.53 Nijlen 18/10/2026 **PB (50m pool):** 02:04.35 **SB:** 01:59.53 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:54.25		01:59.53	
		00:54.25		*01:05.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:2, starttime: 16:55

Heat: 2/15 Lane : 7 Athlete: LAMBRECHTS HANNE — **Q-time: 01:59:71**

PB (25m pool): 01:59.71 Nijlen 18/10/2026 **PB (50m pool):** 01:59.01 **SB:** 01:59.71 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:53.83		01:59.71	
		00:53.83		*01:05.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TRUST

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 **Heat:15, starttime: 17:25**

Heat: 15/15 Lane : 3 Athlete: VANDINGENEN JOKE **Q-time: 01:29:81**

PB (25m pool): 01:29.81 Leuven 04/10/2026 **PB (50m pool):** 01:34.87 **SB:** 01:29.81 Leuven 04/10/2026

	25M	50M	75M	100M	
PB		00:41.98		01:29.81	
		00:41.98		*00:47.83*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: